



WORD ON WHITE HOUSE

August 2023- September 2023

A Publication of the City of White House

105 College Street • White House, Tennessee 37188

WWW.WHITEHOUSETN.GOV



Mid Cumberland to provide a Senior Lunch Program through Meals-On-Wheels

The City of White House will host Mid Cumberland in providing meals to qualifying individuals within our community. The Billy S. Hobbs Community Center will be the new meal location for those aged 60 or over. Individuals will gather on Thursdays from 11:30am-12pm at 105-D College Street, White House, TN.

While the White House Senior Center organizes a lunch on Wednesdays, this will provide another opportunity for individuals to be able to fellowship with others while enjoying a FREE meal on Thursdays! For more information, please contact Sadie Beasley at Sadie.beasley@mchra.com or 615-850-3910.



MID CUMBERLAND
Meals-on-Wheels

Senior Lunch Program

New Congregate Meal Location

Billy S. Hobbs Community Center
105D College St, White House
Thursdays: 11:30-12:00

For More Information:

Call: 615-850-3910

Email: Sadie.beasley@mchra.com

Free for those who qualify (Ages 60+)

No Carry Out Meals Available



Please note this is separate from the Wednesday lunches organized by White House Senior Center.



City of White House
Billy S. Hobbs Municipal Center
105 College Street
White House, TN 37188
www.whitehousetn.gov

Phone: 615-672-4350

U.S Postage Paid
Bulk Rate
Permit No. 10
White House, TN 37188

Postal Patron
White House Postal Routes

Greetings
FROM YOUR CITY ADMINISTRATOR
Gerald O. Herman



Greetings,

Welcome to White House! We know that many of you have traveled near and far to take up residency in the city. Just in the last three fiscal years there were over 350 single family permits pulled each year. Average number of people living in each home equates to 2.5. This means that we have at least 2,625 new people living in White House that we did not have three years ago. The last certified census for 2020 had us just a few shy of 13,000. The addition of these new residents gives us an unofficial census near 16,000.

It seems like almost every week we have a business that is expanding or new to White House. You should see dirt moving soon at the acreage near the Discover White House water tower. The developer Sembler, out of St. Petersburg, Florida will be building a new shopping center that will have Publix as its anchor. There will be additional units for retail and other commercial businesses. The addition of Publix will give three choices of grocery shopping experience

for our residents. Kroger had recently built on an addition of over 30,000 square feet and remodeled the entire store. Walmart recently renovated their store to create an updated clean look. location. The Planning Commission on Monday, July 10th approved a site plan for a future new building, located in front of Tractor Supply on US31W. May your days be safe, happy, and healthy. 😊

For those of you that get dental care at the Smile Center you might be surprised that they are considering moving to a new





Parks & Recreation

Independence 5k

We had a great day for our 23rd annual independence 5k! Congratulations to Aaron Osborne and Kerra Marsh for being our overall Male and Female winners! Competition was tough across all of our age divisions! With so many young athletes in the mix we are excited to see what is in store for next year's race! You can find the race results on our website's special events page!



Adult Softball

Registration: July 17th- August 20th
Season: September-November
Team Fee- \$625
Free Agent Fee- \$65

Youth Basketball

Registration: September 4th- October 22nd
Season: November- February
City Resident: \$100
Non-Resident: \$112

Gym Schedule

Monday-Thursday

7:15-10:30: Walking
9:30-10:30: Senior Exercise Class
12:00-5:15: Open Play Basketball

Monday/ Wednesday

10:30-12:00: Senior Citizen's Pickleball

Tuesday/Thursday

10:30-12:00: Open Play Pickleball

Thank you to our 5k Sponsors!



615-616-1014



www.whitehousetn.gov/parks



Find us on Facebook!



OCTOBER 26TH

TRAIL OF TREATS

Free event to public!

Vendor registration opening in September.



SENIOR CENTER

Senior Citizen's Lunches Wednesdays at 11:30am

Reservations are required by noon on Mondays.

	EAT IN	CARRY OUT
SENIORS	\$3.00	\$3.50
NON-SENIORS	\$6.00	\$6.50

Senior Center:

Monday- Thursday 7:15a-5:00p

Stop by for cards, pool, dominos or board games.
Upcoming events include an ice cream social, garden club trip to Jo’s Flower in Cross Plains, a fun day at Top Golf, a visit to Cragfont Historic Home, and “So you think you can puzzle day.”

Civic Center Gymnasium

Monday- Thursday

Walking: 7:15-10:30am

Exercise Classes: 9:30am

- Strength training, aerobics, and yoga

Check out the full calendar online!



JOIN NOW!

615-616-1016
www.whitehousetn.gov/seniorcenter
105D College St. White House, TN 3788



How Can I Be a Good Stormwater Neighbor?

Have you ever discussed stormwater with your neighbor or wondered how to be a better stormwater neighbor? Neighbor disputes over stormwater are very common. Water does not follow property boundaries and there are often instances where water flows from one property onto another and causes damage. It is important to realize that activities on your own property can adversely affect your neighbor's property.

When installing best management practices (or BMP's), do not direct stormwater flows onto a neighboring property and do not block stormwater from leaving your neighbor's property. Stabilize disturbed areas and maintain lawns, driveways, and gardens to prevent erosion and sedimentation on your own and on other peoples' properties. Changes from building and land development activities can alter natural flows of surface and stormwater. It is important to recognize that grading and re-grading can change how water moves across the land. It is essential to leave natural drainage paths undisturbed

when possible and never intentionally concentrate stormwater flows.

If you live near a stream, pond, or stormwater drain you can plant a riparian buffer or establish a "grow zone" along the waterbody to allow pollutants to be filtered before reaching the water. This will help prevent erosion on your property. Also, do not compost yard waste such as leaves, grass clippings, or mulch into or near a stream or stormwater drain. Clean up trash, litter, and other debris that may clog a drain or small stream that could potentially cause flooding or pollution from water run-off.

If you find yourself in a dispute with a neighboring property owner over stormwater issues remember: open communication and cooperation can prevent stormwater issues and help resolve existing stormwater problems. It is important to take steps to protect natural water courses, infiltration areas, and drainage paths. Be mindful of how your actions can affect adjacent landowners and take steps to prevent damage not only on your own property but also on your neighbor's property.



WM is committed to finding ways to make your service more efficient, effective and effortless to manage. Powerful new **My WM** online capabilities have been launched to help you gain visibility.

Do More With My WM

View ETA & Schedule – Provides up-to-date information online and prepares customers for potential service delays

Confirm Holiday Schedules – Stay informed of service delays due to holidays

Report a missed pickup

Request container repairs



We expect "My WM" to be fully accessible within 90 days

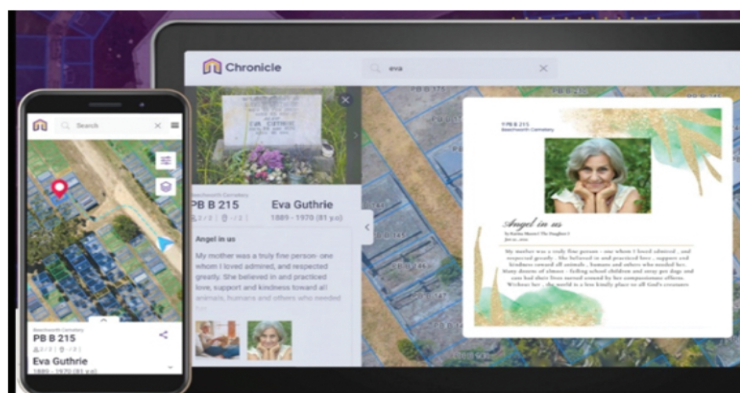
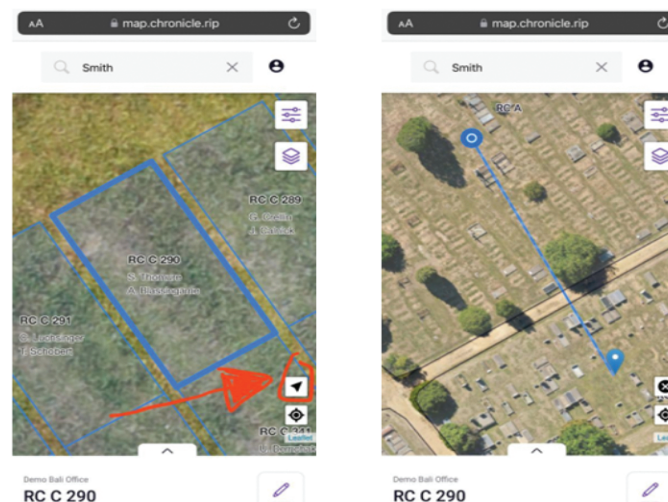


The City of White House Parks Department is proud to announce the addition of Chronicle Cemetery Software for Hillcrest Municipal Cemetery.

The software has multiple features including:

Records Search – This feature allows you to search for deceased loved ones and lots for sale. Just type the last name of the person you are looking for in the search bar and a list will appear for you to choose from.

Walk To Grave – This feature allows you to search for the person or lot you are looking for and then gives you walking directions to that specific spot in the cemetery. After you have typed the individuals name, just simply hit the navigation icon and it will provide directions. ***You must be in the cemetery in order for this function to work. ***



Life Chronicle – At a cost of \$49.00 (plus taxes) you can create heartfelt online memorials to honor your loved ones that will be cherished by generations to come and is linked to their final resting place. With Life Chronicle, there is something that lives on after death. Type the life story that you want for the interment that you select. You can input links and use bold, italic or underline text. You can also add a maximum of 6 images for an interment story. ***The pricing of this feature will be changing soon according to Chronicle. ***

To access this software and cemetery pricing, simply visit:

<https://www.whitehousetn.gov/departments/parks-and-recreation/hillcrest-cemetery> to get started.

Once you follow the link, use the search function or the zoom on the interactive map to find your desired space. BLUE represents a lot that is OCCUPIED, YELLOW represents a lot that is RESERVED, and GREEN represents a lot FOR SALE. If a lot is occupied you can click on it in order to see the details. Details are not available for the public on reserved lots. Please reach out to us directly if you need more information.

We hope this is a useful tool for the community that they can take pride in. We have scoured over this software to correct as many mistakes as we could find but there are sure to be more that we are unaware of. If you see something that you believe to be incorrect, please contact us at parkshelp@whitehousetn.gov and we will make corrections as needed.

Online Cemetery Map and Deceased Search

See available plots, and find your loved one's location within Hillcrest Cemetery.

<https://www.whitehousetn.gov>





POLICE DEPARTMENT



Safety While Traveling to School

As students prepare to return to school, The White House Police Department would like to offer students, parents and motorists several important safety tips.

Walking to school:

- Walk on the sidewalk, if one is available; when on a street with no sidewalk, walk facing the traffic
- Before you cross the street, stop and look left, right and left again to see if cars are coming
- Make eye contact with drivers before crossing and always cross streets at crosswalks or intersections
- Stay alert and avoid distracted walking. Never walk while texting. If you need to respond to a text, move out of the way of others and stop on the sidewalk. Never cross the street while using an electronic device. Do not wear earbuds while walking across the street.

Riding a bicycle to school:

- Ride on the right side of the road, with traffic, and in single file
- Come to a complete stop before crossing the street; walk bikes across the street
- Stay alert and avoid distracted riding
- Make sure your child always wears a properly fitted helmet and bright clothing

Riding the bus to school:

- Go to the bus stop with your child to teach them the proper way to get on and off the bus
- Teach your children to stand six feet (or 3 giant steps) away from the curb

- If your child must cross the street in front of the bus, teach him or her to walk on the side of the road until they are 10 feet ahead of the bus; your child and the bus driver should always be able to see each other

Driving your child to school:

- Stay alert and avoid distracted driving
- Obey school zone speed limits and follow your school's drop-off procedure
- Make eye contact with children who are crossing the street

Safety Tips for Motorists:

It is important that motorists be alert while driving, especially in school zones and residential neighborhoods. Children can be unpredictable and may ignore hazards and take risks. The NSC provides the follow tips for motorists:

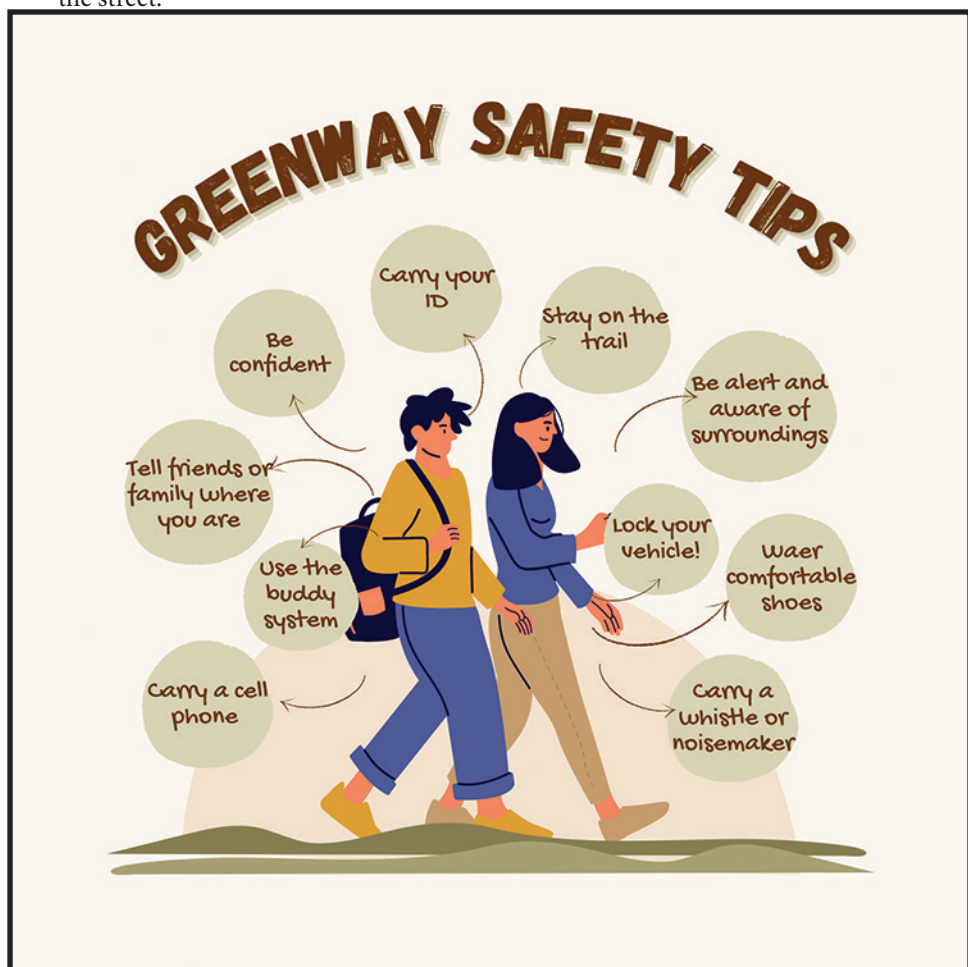
- Don't block the crosswalk when stopped at a red light or waiting to make a turn, forcing pedestrians to go around you; this could put them in the path of moving traffic
- In a school zone when flashers are blinking, stop and yield to pedestrians crossing the crosswalk or intersection. Always stop for a school patrol officer or crossing guard holding up a stop sign
- Take extra care to look out for children in school zones, near playgrounds and parks, and in all residential areas
- Don't honk or rev your engine to scare a pedestrian, even if you have the right of way
- Never pass a vehicle stopped for pedestrians
- If you're driving behind a bus, allow a greater following distance than if you were driving behind a car
- Never pass a bus from behind – or from either direction if you're on an

undivided road – if it is stopped to load or unload children. It is illegal in all 50 states to pass a school bus that is stopped to load or unload children

- If the yellow or red lights are flashing and the stop arm is extended, traffic must stop
- The area 10 feet around a school bus is the most dangerous for children; stop far enough back to allow them space to safely enter and exit the bus
- When passing a bicyclist, proceed in the same direction slowly, and leave 3 feet between your car and the cyclist
- The most common cause of collision is a driver turning left in front of a bicyclist. Watch for bike riders turning in front of you without looking or signaling; children especially have a tendency to do this
- Watch for bikes coming from driveways or behind parked cars
- Motorists are also reminded that the Tennessee Hands-Free Law requires drivers to stay off of all electronic devices while driving.

Online Safety for Remote Learning:

- The White House Police Department would also like to remind parents of ways they can help keep their children safe when they are online for remote learning.
- Parents are urged to be aware of what their child is doing online, keep the computer in a common area of the house and become familiar with the remote learning tools your child is using.
- Parents are also encouraged to talk to their children about cyber safety.





The Gathering **at the** **White House Inn** **Museum**

September 23rd

9:00 am - 3:00 pm

Come experience the past

- Blacksmith
- Crocheting
- Cooking Demonstration
- Apple Cider Mill
- Period Music
- White House Dulcimers
- Beekeeper
- Basket Weaving
- Clogging

412 HIGHWAY 76, WHITE HOUSE TN

CITY OF WHITE HOUSE FIRE DEPARTMENT

Stay Summer Safe

By Firefighter Brandon Crimmons

As we quickly approach what are generally the hottest months of the year, naturally our calls for service involving heat-related emergencies are on the rise. Symptoms and outcomes from these emergencies are often unpleasant but can potentially be life-threatening. "Hyperthermia" is the fancy medical term for overheating, and the two most commonly known conditions associated with overheating are Heat-Exhaustion & Heat-Stroke. We'll look at the causes and symptoms of these conditions, as well as treatment and ways to protect yourself during the summer heat.

Heat Exhaustion

Symptoms:

- Headaches
- Muscle cramps or weakness
- Dizziness or fainting
- Excessive thirst
- Heavy sweating
- Cool, pale, clammy skin
- Fast, weak pulse
- Nausea/vomiting

Treatment:

- Remove victim from heat into a cooler (air-conditioned if possible) environment
- Remove excess layers or tight fitting clothing
- Having victim lie down
- Use cold compresses, cold packs, cold shower, or cold water spray to reduce body temperature.
- Begin to re-hydrate with water

and electrolyte sports drinks; i.e., Gatorade, Pedialyte, etc.

-If changes in mental status appear, or vomiting persists, call 911 immediately.

-Act quickly, as untreated heat exhaustion can progress into heat stroke, which is a medical emergency.

Heat Stroke

Symptoms:

- Headache
- Lack of sweating...hot, red, dry skin
- Confusion, changes in mental status
- Possible loss of consciousness
- Nausea/vomiting
- Rapid pulse
- Body temperature above 103°F

Treatment:

- This is a MEDICAL EMERGENCY, Call 911
- DO NOT give fluids
- Move to a cool environment
- Use cold packs/compresses to reduce body temperature.

PREVENTION:

The following steps can reduce your risk of heat related emergencies.

1. **HYDRATE!!** Make sure you're drinking plenty of fluids to avoid dehydration. Drink plenty of water, but also drink fluids containing electrolytes (Gatorade, Pedialyte). AVOID, or LIMIT alcoholic beverages,

excessive caffeine and sugary sodas. Don't wait until you are thirsty to drink, stay sufficiently hydrated throughout the day.

2. Wear lightweight, light-colored, loose-fitting clothing. Extra layers and/or tight-fitting clothing will not allow sufficient air-flow and will not allow your body to cool itself properly.

3. Avoid strenuous activity during the hottest part of the day. If you're able, take it easy and schedule work or other activities during the early morning or evening hours. If you must be active all day, make sure to drink plenty of fluids, rest frequently, and seek cooler, shaded areas whenever possible.

4. Be cautious if you are at increased risk. Elderly and very young children cannot regulate their body temps as well as healthy adults, take steps to avoid excessive heat exposure within these two age groups.

Excessive heat is largely unavoidable for certain occupations such as agriculture, construction, and warehousing. Also, occupations such as firefighters, police, and/or military occupations where excessive gear may be worn should take extra precautions.

5. **NEVER** leave people or pets in a hot car! During the summer,

temperatures inside a vehicle can quickly reach more than 140° F! Every year in the United States, an average of 37 children die after being left in hot cars. That number should be ZERO! So just don't do it. "I'll only be gone a minute", "the window is cracked", "the car is in the shade", NONE of those excuses are acceptable, EVER!

6. Listen to your body, if you think you're getting too hot, take a break and cool off. Sit in the shade or cool area, replenish fluids, and don't push yourself. Be extra cautious with your tiny humans, and check on your elderly family and neighbors.

Hopefully you will find some of these tips helpful to prevent heat-related emergencies. But, as with any emergency, time is crucial. **DON'T WAIT** to call for help if you need it!

Here's wishing you a safe, fun filled summer!





FANDOM FAIR & SUMMER READING

The library had a great kick-off to our summer reading program with our 6th annual Fandom Fair event. The event was even bigger than last year with a circus act and axe throwing being added. We also had all our regular events which included: a petting zoo, escape rooms, balloon twisting, face painting and more. If you missed the event, be sure to mark your calendar for our 7th annual Fandom Fair on June 8, 2024.

After the Fandom Fair kick-off, summer reading was in full swing. The library offered 7 performer days and encouraged kids to read in order to receive prizes. The library also offered McDonald Happy Meal cards for reading 10 books and subscription boxes for teens. If you missed any of the fun, but sure to join us for our winter reading challenge in November and December of 2023.



CLOSED MONDAY,
SEPTEMBER 4 FOR
LABOR DAY



The library board will meet on September 14, 2023 at 7:00pm at the Billy S. Hobbs Community Center located at 105D College St. White House, TN 37188. Per the TCA Title 8, Chapter 44 regarding public meetings, a Public Comment section is on the meeting’s agenda. To speak during the Public Comment period, a sign-up sheet will be placed in the meeting location near the printed agendas and will be taken up just before the start of the meeting.

Children Programs
For ages 0-9

- Mondays: Crafternoon at 4PM for ages 5-9
- 1st Monday of the Month: Reading Dog at 4pm
- Tuesday: Story Time at 10:30am for ages 0-5
- Wednesday: Storytime at 10:30am for ages 0-5

Tween/Teen Programs
For ages 10-17

- Every Monday: Coding Club 4-5PM
- 1st Tuesday: Cooking Class at 4PM (limited)
- 2nd Tuesday: Craft Day at 4:30PM
- 3rd Tuesday: Anime Drawing day at 4:30PM
- 4th Tuesday: Comic Book or Song Writing 4:30PM
- 1st Thursday: Teen Advisory Board 5-5:30PM

Adult Programs

- Every Tuesday: Adult Knitting and Crochet 4p
- 1st Thursday: Adult Stitch Club at 4PM
- 2nd Thursday: Creative Writing Club 4:30p
- 4th Thursday: Bingo 1:30p-3p
- Last Thursday: Creative Writing Club at 4p

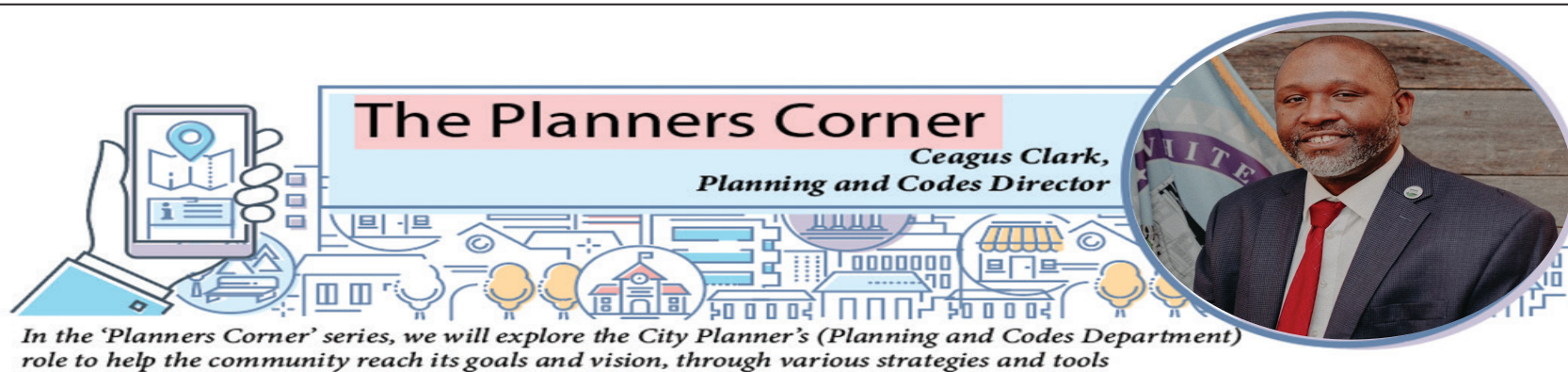
LOCK IT OR LOSE IT!

HIDE YOUR BELONGINGS

LOCK YOUR VEHICLE

TAKE YOUR KEYS

Keep your belongings safe as you visit our parks and greenways!



In this 'Planners Corner' series, we will explore the Long and Short-Range Planning in the City of White House over the year.

The Comprehensive Plan is intended to meet certain legal requirements set forth in the Tennessee Code Annotated (TCA) Title 13 Chapter 4 Part 2, which states that "it is the function and duty of the Planning Commission to make and adopt an official general plan for the physical development of the municipality."

A comprehensive plan is an expression of the community's vision for the future and a strategic map to reach that vision. Comprehensive planning is an important tool for cities to guide future development of land to ensure a safe, pleasant, and economical environment for residential, commercial, industrial, and public activities. Planning can help:

- Preserve important natural resources, agricultural land, and other open lands
- Create the opportunity for residents to participate in guiding a community's future
- Identify issues, stay ahead of trends, and accommodate change
- Ensure that growth makes the community better, not just bigger
- Foster sustainable economic development

- Ensure more efficient and cost-effective infrastructure and public services
- Provide an opportunity to consider future implications of today's decisions
- Protect property rights and values
- Enable other public and private entities to plan their activities in harmony with the municipality's plans

White House was incorporated as a city in 1971 and has had an active planning program since then, (City of White House, 1982 Comprehensive Plan). The various elements of the city's current comprehensive plan were completed by the mid-1970s. In 1982, the Planning Commission adopted a revised land use policy plan and map and modernized the zoning ordinance. Since 1971, the growth plan for the city has been consistent. Please scan the QR code to the right to view the 1982 and Current White House Comprehensive Plan.

When the process of updating the city's Long-Range Plan, I will be challenging all the citizens of White House to show up and participate in vision and goal



setting for the Future of White House. For greater detail, please visit the City of White House website <https://www.whitehousetn.gov/Home/ShowDocument?id=44> or give me, Ceagus Clark, a call to discuss or set up a meeting (615-672-4350 ext 2120). When navigating the cities website, go to Departments, then Planning and Codes. From there, you will see a banner that houses the link to the Comprehensive Plan.





2022 Fall Family Block Party



Discover White House Expo and Safety Day






2022 Jingle & Mingle Around Town



Discover White House Expo and Safety Day

Discover White House Expo & Safety Day

- LOCAL BUSINESSES
- BIKE GIVEAWAYS
- POLICE, FIRE & EMS
- PERFORMANCES
- FOOD TRUCKS
- FREE FUN ZONES
- BIKE RODEO
- CRAFTERS




 SAT., OCTOBER 7
 10 AM TO 2 PM
 WH CITY PARK

WANT YOUR BUSINESS OR ORGANIZATION TO JOIN IN ? RESERVE VENDOR SPACE



FALL FAMILY BLOCK PARTY




- ARTISANS & CRAFTERS
- FOOD TRUCKS
- FIRE ENGINES
- PERFORMANCES
- PUMPKIN PATCH
- FREE FUN ZONES
- COSTUME CONTEST
- FAMILY MOVIE

 FRI., OCTOBER 20
 3 PM TO 9 PM
 WH CITY PARK



Jingle & Mingle AROUND TOWN

- GOODY BAGS
- GIVEAWAYS
- GREAT DEALS
- HOLIDAY SHOPPING

 SAT., NOVEMBER 7
 10 AM TO 3 PM
 ALL AROUND WH



TO LEARN MORE CONTACT THE WHITE HOUSE AREA CHAMBER | 615-672-3937